

TANZ TRIENNALE

For the dance performance “A Human Song” by Italian choreographer Chiara Frigo, we are looking for people of all ages who enjoy movement, starting from age 16 years old.

“A Human Song” is a large-scale participatory art project in which 30 to 50 people of different ages, cultures, and backgrounds are invited to participate. This poetic event explores the power of the body: a sea of people moving through the meditative act of walking and running together, supporting and accompanying one another, lying down on the ground, rebelling, and rising again.

Participation includes two online-meetings, a multi-day workshop, and two performances at the Kunsthalle as part of the Tanztriennale. Participation requires attendance at all scheduled sessions.

How much time should you set aside?

Warm-up sessions via two online meetings:

Thur, 04.06. 6:00–7:00 p.m.

Wed, 10.06. 6:00–7:00 p.m.

Workshops & Performances:

Wed, 17.06.	4:30 - 9:30 p.m.	Workshop Day 1
Thur, 18.06.	4:30 - 9:30 p.m.	Workshop Day 2
Fri, 19.06.	3:00 - 9:30 p.m.	Workshop Day 3
Sat, 20.06.	10:00 a.m. - 1:00 p.m.	Workshop Day 4
	2:00 - 4:00 p.m.	Warm Up
	4:00 - 5:00 p.m.	Performance 1
Sun, 21.06.	2:00 - 4:00 p.m.	Warm Up
	4:00 - 5:00 p.m.	Performance 2

The performance lasts 60 minutes.

The performances will take place outdoors on the **Kunsthalle** platform (Glockengießerwall 5, 20095 Hamburg).

Communication with the company and in rehearsals and workshops will be in English.

How can you join us?

No prior experience is required to participate; all you need is a willingness to participate, connect with people and make an artistic piece together.

Participation is voluntary and not a paid position.

For rehearsals, you'll need comfortable clothing and clean sneakers.

Send us a short email by **May 12, 2026**, including your name, age, pronouns (m/f/d), along with a photo and a brief statement explaining why you're interested to: leandra@tanztriennale.de

After the deadline, the company will review all submissions and we'll let you know as soon as possible whether you've been selected.

We look forward to your submissions!
The Tanztriennale Team